

The Monitor of Engagement of the Natural Environment (MENE) Survey
By Natural England

The MENE Survey collects information regarding **outdoor recreation, pro-environmental behaviors, attitudes** towards and **engagement** with the **natural environment**. [Click here](https://www.gov.uk/government/collections/monitor-of-engagement-with-the-natural-environment-survey-purpose-and-results) for an interactive display of survey results collected from 2009-2019. For more information, visit: <https://www.gov.uk/government/collections/monitor-of-engagement-with-the-natural-environment-survey-purpose-and-results>

Select Questions adapted from the original tool included below.

- *This survey asks you about occasions in the last week when you spent your time outdoors. By outdoors we mean open spaces in and around towns and cities, including parks, canals and nature areas; the coast and beaches; and the countryside including farmland, woodland, hills and rivers.*
- *This could be anything from a few minutes to all day. It may include time spent close to your home or workplace, further afield or while on vacation.*
- *However this does not include:*
 - *routine shopping trips or;*
 - *time spent in your own garden.*

Please answer the following questions thinking of your visit to the outdoors.

1) Which of the following, if any, best describe your reasons for this visit?

Select all of those which apply to you.

- a. To spend time with family
- b. To spend time with friends
- c. To learn something about the outdoors
- d. For fresh air or to enjoy pleasant weather
- e. For health or exercise
- f. For peace and quiet
- g. To relax and unwind
- h. To exercise your dog
- i. To enjoy scenery
- j. To enjoy wildlife
- k. To entertain children
- l. To challenge yourself or achieve something
- m. To be somewhere you like
- n. For other reasons (SPECIFY)

2) Thinking of this visit, how much do you agree or disagree with the following statements?

	Strongly Disagree  	Disagree 	Not Sure ?	Agree 	Strongly Agree  
I enjoyed it	 		?		 
It made me feel calm and relaxed	 		?		 
It made me feel refreshed and revitalized	 		?		 
I took time to appreciate my surroundings	 		?		 
I learned something new about the natural world	 		?		 
I felt close to nature	 		?		 

3) Now thinking about the last 12 months, how often, on average, have you spent your leisure time out of doors, away from your home?

Again, by outdoors we mean open spaces in and around towns and cities, the coast and the countryside.

This could be anything from a few minutes to all day. It may include time spent close to your home, further afield or while on vacation. However this does not include routine shopping trips or time spent in your own garden.

- More than once per day
- Every day
- Several times a week
- Once a week
- Once or twice a month
- Once every 2-3 months
- Once or twice
- Never

4) How much do you agree or disagree with the following statements?

	Strongly Disagree  	Disagree 	Not Sure ?	Agree 	Strongly Agree  
Spending time out of doors (including my own garden) is an important part of my life	 		?		 
I am concerned about damage to the natural environment	 		?		 
There are many natural places I may never visit but I am glad they exist	 		?		 
Having open green spaces close to where I live is important	 		?		 

5) Please think about whether or not you are likely to make changes to your lifestyle to protect the environment, for example by recycling rather than throwing things away, using your car less and buying local food. Which of these statements best describes your intentions?

- A. I like my lifestyle the way it is and am not likely to change it
- B. I'd like to make changes to my lifestyle but I don't know what to do
- C. I'd like to make changes to my lifestyle but it's too difficult
- D. I'd make changes to my lifestyle if I knew other people were willing to make changes
- E. I intend to make changes to my lifestyle
- F. I already do a lot to protect the environment so it would be difficult to do more
- G. Don't know

6) How much do you agree or disagree with the following statements relating to your nearest greenspace areas?

	Strongly Disagree  	Disagree 	Not Sure ?	Agree 	Strongly Agree  
My local greenspaces are within easy walking distance	 		?		 
My local greenspaces are of a high enough standard to want to spend time there	 		?		 
My local greenspaces are easy to get into and around	 		?		 

7) How much do you agree or disagree with the following statements regarding your feelings about nature?

	Strongly Disagree 	Disagree 	Not Sure ?	Agree 	Strongly Agree 
I always find beauty in nature			?		
I always treat nature with respect			?		
Being in nature makes me very happy			?		
Spending time in nature is very important to me			?		
I find being in nature really amazing			?		
I feel part of nature			?		